

博物馆之约 | 从史前遗迹到现代文明

---宁波城市行走 1 日

**【线路设计理念】**

从河姆渡遗址七千年前的稻作文明曙光，到天一阁传承数百年的书香文脉；自宁波博物馆凝练的“山水海洋”城市记忆，至三江口璀璨夜景闪耀的现代都市活力，终在老外滩中西合璧的霓虹中完成时空交响——这条路线正是宁波从史前文明走来，跨越河海、贯通古今，始终保持着文明延续性与开放性的生动注脚。

【行程说明】

09:00 酒店大堂集合出发，前往余姚河姆渡。（车程约 50 分钟）

10:00-11:30

【河姆渡遗址】河姆渡遗址是中国南方重要的新石器时代遗址，距今约 7000 年。它的发现证明了长江流域与黄河流域一样，都是中华文明的发祥地。这里出土了大量的人工栽培稻谷，展现了当时先进的稻作农业，以及独特的干栏式建筑木构件。

11:30-13:30 自由午餐时间。

13:30-15:00

【天一阁】天一阁是中国现存历史最悠久的私家藏书楼，世界上最古老的三大家族图书馆之一。, 建于明嘉靖四十年至四十五年（1561—1566 年），占地面积 2.6 万平方米，原为明兵部右侍郎范钦的藏书处，现藏各类古籍近 30 万卷，其中珍椠善本 8 万余卷，尤以明代地方志和科举录最为珍贵。

15:00-17:00

【宁波博物馆】宁波博物馆本身就是一件杰出的建筑艺术品，由著名建筑师王澍设计，其外观创意来自于宁波的山水与瓦片墙。馆内收藏了大量展现宁波历史、民俗和文化的珍贵文物。这座博物馆不仅是历史的容器，其创新的建筑设计也极大地提升了城市的文化品位。

17:30-18:30 自由晚餐时间。

18:30-20:00

【三江口夜景】三江口是宁波的城市核心和标志性地标，因姚江、奉化江在此汇合成甬江而得名。站在此处，你可以同时欣赏到宁波老外滩的历史风情和现代摩天大楼交织的城市天际线。这里完美体现了宁波“书藏古今，港通天下”的城市气质，是历史与现代交融的绝佳观景台。

【老外滩】老外滩于1844年开埠，比上海外滩历史更早，是中国最早的外滩。这里汇集了众多精美的欧式老建筑，如今已被改造成一个集餐饮、酒吧、艺术和时尚于一体的休闲街区。

20:00-20:30

返回酒店休息，结束今日愉快的旅程。（也可自行返回酒店，不受时间限制）

【收费标准】

1. 2-5 人收费：CNY 1080 元/人
2. 6-9 人收费：CNY 580 元/人
3. 10 人及以上收费：CNY 380 元/人

宁波国际旅行社有限公司

地址：宁波市海曙区柳汀街 225 號月湖金匯大廈 6 樓 郵編：315000
6F Moon Lake Jinhui Building, NO.225 Liuting St, Haishu District, NingBo,

**【费用包含】**

1. 讲解服务：导游全程陪同英文讲解；
2. 车辆服务：一日用车；
3. 门票：行程内所列景点门票。

【费用不含】

1. 因交通、天气等不可抗力原因所导致的额外费用；
2. 全程用餐、矿泉水、饮料等费用；
3. 行程中未提及的消费以及其他一切个人消费。

PS：此行程周一不适用。

Museum Encounter | From Prehistoric Relics to Modern Civilization

--- A Ningbo Day Trip



【Theme】

From the dawn of rice cultivation civilization 7,000 years ago at the Hemudu Site, to the enduring scholarly legacy preserved in the Tianyi Pavilion; from the Ningbo Museum's embodiment of the city's "mountain-water-ocean" memory, to the vibrant modern urban energy shining through the glittering nightscape of the Three Rivers Estuary, and finally culminating in the harmonious blend of East and West under the neon lights of the Old Bund—this journey vividly illustrates Ningbo's evolution from ancient civilization, traversing rivers and seas across time, while maintaining both cultural continuity and an open spirit.

【Trip Description】

09:00

Meet at the hotel lobby and depart for the Hemudu Site in Yuyao (approximately 50 minutes' drive).

10:00-11:30

【Hemudu Site】 The Hemudu Site is a significant Neolithic site in southern China, dating

寧波國際旅行社有限公司

地址：寧波市海曙區柳汀街 225 號月湖金匯大廈 6 樓 郵編：315000
6F Moon Lake Jinhui Building, NO.225 Liuting St, Haishu District, NingBo,

back approximately 7,000 years. Its discovery proved that the Yangtze River Basin, like the Yellow River Basin, is a cradle of Chinese civilization. A large amount of cultivated rice unearthed here demonstrates advanced rice farming technology for its time, along with unique wooden components of stilt-style architecture.

11:30-13:30 Lunch time . (Meals are on your own)

13:30-15:00

【Tianyi Pavilion】 Tianyi Pavilion: The oldest existing private library in China and one of the three oldest family libraries in the world. It was built between 1561 and 1566 during the Ming Dynasty, covering an area of 26,000 square meters. Originally the book collection of Fan Qin, the Right Vice Minister of War in the Ming Dynasty, it now houses nearly 300,000 volumes of ancient books, including over 80,000 rare ancient books, particularly valued for its Ming Dynasty local records and imperial examination records.

15:00-17:00

【Ningbo Museum】 The Ningbo Museum is itself a remarkable piece of architectural art, designed by the renowned architect Wang Shu. Its distinctive appearance is inspired by Ningbo's mountains, waters, and traditional tile-wall construction. It houses a vast collection of cultural relics that showcase the history, folklore, and culture of Ningbo. The museum is not just a container of history; its innovative architecture significantly enhances the city's cultural landscape.

17:30-18:30 Dinner time . (Meals are on your own)

18:30-20:00

【Sanjiangkou】 Sanjiangkou, meaning "Three Rivers Estuary," is the urban core and iconic landmark of Ningbo, where the Yao River and Fenghua River converge to form the Yong River. From here, one can admire the city's skyline, where the historical charm of the Old

Bund blends with modern skyscrapers. It perfectly embodies Ningbo's character as a city where history meets modernity, serving as a superb viewpoint.

【The Old Bund】 The Old Bund was opened as a port in 1844, making it older than the Shanghai Bund and the earliest bund in China. It features a collection of elegant old European-style buildings, which have now been transformed into a leisure district with restaurants, bars, art, and fashion. It stands as a witness to Ningbo's long history and its spirit of openness as a significant port city in modern China.

20:00-20:30

Return to the hotel to rest and conclude today's pleasant journey.

(You may also return to the hotel independently without time restrictions.)

【Pricing】

1. For 2-5 persons: CNY 1,080 /PAX
2. For 6-9 persons: CNY 580 /PAX
3. For 10 or more persons: CNY 380/PAX

【Inclusions】

1. Guiding service: English speaking guide throughout the tour.
2. Vehicle service: One day vehicle usage .
3. Admission Fees: Entrance tickets to all attractions specified in the itinerary.

【Exclusions】

1. Additional costs incurred due to force majeure reasons such as traffic, weather conditions, etc.
2. Costs for meals, bottled water, beverages, etc., throughout the tour.
3. Expenses not mentioned in the itinerary and all other personal expenditures.

PS:This itinerary is not available on Mondays.